

Chenango Valley Central School District

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Superintendent of Schools



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WHEN TO KEEP A CHILD HOME WITH ILLNESS

It can be hard to know when to send your child to school if she or he doesn't feel well. Usually, the best place for our students is in school, but there are times when keeping your child at home to rest or visit your health care provider is warranted. Below are some basic guidelines to consider when trying to decide whether or not you should send your child to school.

Please keep your child home and/or contact his or her health care provider for:

- Fever greater than 100.4° when temperature taken by mouth
- Vomiting and/or diarrhea within the last 24 hours
- Severe sore throat along with fever and feeling ill for more than 48 hours or after exposure to the Strep throat infection
- Honey-crusted sores around the nose or mouth or rash on other body parts
- Large amounts of mucous (liquid) from your child's nose with face pain or headache
- Severe ear pain or fluid coming from the ear
- Severe headache, especially with fever

If your child has a fever, it is not a good idea to give them medicine like Tylenol or Advil and send them to school. Once the medication wears off, the fever may return and you will be contacted to come and pick up your child.

Please keep children home for 24 hours after a fever ends or when they have completed 24 hours of medication if prescribed by your health care provider.

If you find your child is frequently asking to stay home from school, if they are falling behind or appear anxious about school, or if there does not appear to be any physical symptoms, contact your school nurse and health care provider to discuss your concerns.

Finally, reminding our children to throw away used tissues, cover their mouths when coughing or sneezing, keep their hands away from their face, and wash hands often with soap and warm water will help to keep everyone healthier.

Please call your child's school nurse with any concerns or questions you may have regarding your child's well-being.

School Nurse	School
Phone #	Email
Fax #	